

At NAAFA we fight for fat rights, oppose discrimination in all forms, invest in intersectional fat community, and brazenly celebrate fat joy!

## December 2023 NAAFA Newsletter



### NAAFA has an Executive Director Again. Here's why that's good news for the entire movement.

The NAAFA Board of Directors named Tigress Osborn Executive Director on July 1, making it the first time in 20 years that NAAFA has had paid staff. [Here](#), Tigress reflects on what this appointment and NAAFA's future hiring goals mean to NAAFA and to fat activism as a movement.

Sign the Campaign for Size Freedom Petition!



### Video of the Month

Our [video of the month](#) features testimony from Senator Rebecca Rausch, Tigress Osborn, and Brandie Solovay in support of H.1705/S.1108 - An Act Prohibiting Body Size Discrimination.



### Anti-Racism Resources

Each month, we feature educational resources to support dismantling racism. These may include historical information, tools for personal reflection, or information about how to get involved. Many are introductory and are never intended to be full coverage on the complex and nuanced topics that are chosen each month.

This month, we invite you to join us in exploring [resources about Palestine](#).



"NAAFA is how we build the



world we all want to live in”

Hear from some of our donors about [why they Fund Fat](#). Whether you have been supporting us for years, or have just started on your fat liberation journey, NAAFA is here for you. When you Fund Fat, you are part of a community of folks taking action to make the world better for all bodies. Meet a few of them!

## Upcoming NAAFA Events



### Fat Fridays Virtual Social Club

This monthly social event is held via Zoom and is an affinity space only for folx who identify as fat. The next gathering is on 12/22 from 5:30-7:30pm PT. Register [here](#)!

## Reminders/Announcements



### It's not too late to support Size Freedom in Massachusetts!

The Joint Committee on the Judiciary in Massachusetts is still accepting written testimony on behalf of H.1705/S.1108 - An Act Prohibiting Body Size Discrimination. [Click here](#) for a sample testimony and submission info.



### Raise your voice to protect people from medical weight stigma and harm!

The public comment period has opened for the U.S. Preventive Services Task Force's massively ill-advised draft recommendation statement and draft evidence review on interventions for high body mass index (BMI) in children and adolescents. [Click here](#) to find out how you can take action!



### Stay Up to Date on the Campaign #SizeFreedom

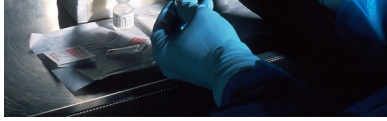
Want to make sure you always know the latest on our efforts to end size discrimination and enact protective laws? Make sure you [sign the petition](#). You'll add your voice to the thousands already supporting Size Freedom and get all campaign updates! Share the petition with your friends and family and ask them to sign as well!

## Monthly Features



### Media & Research Roundup

The [Media & Research Roundup](#) is a series of the latest in news and research affecting fat folk compiled by



Bill & Terri Weitze.

**CONTENT WARNING: Some articles featured in the Media & Research Roundup may refer to stigmatizing events or use stigmatizing language.**



### NAAFA Chronicles

The [NAAFA Chronicles](#) are electronic versions of the NAAFA Newsletter from our earlier days and reflect a piece of fat acceptance/fat activist history.

**CONTENT WARNING: Some articles featured in the NAAFA Chronicles may refer to stigmatizing events or use stigmatizing language.**

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*Founded in 1969, NAAFA, the National Association to Advance Fat Acceptance, is a non-profit human rights organization dedicated to improving the quality of life for fat people. NAAFA works to eliminate discrimination based on body size and provide fat people with the tools for self-empowerment through public education, advocacy, and member support.*

On the web: <https://naafa.org>  
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